

# REITER & WALSH, P.C.



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## OUTDOOR TIPS



### Pool Safety

Always supervise children around water including ponds, swimming pools and hot tubs. Keep safety floatation devices and a telephone near the pool in case of emergency. Young children can drown in just a few inches of water.

### Playground Safety

- **Remove drawstrings from clothes.** They can get caught on playground equipment and strangle a child.
- There are many hidden hazards in parks and playgrounds, including broken glass or metal pieces; a playground design that allows your child to collide or fall onto another child; and metal equipment in open sunlight without a protective surface to prevent burns.
- **Swings over grass are as dangerous as those over cement.** If the swing set at your local playground is installed over grass, call your parks and recreation department and request that safer ground cover be used.

**Teach children to wear safety gear**—helmets, knee pads, elbow pads and wrist guards—every time they ride their bikes, scooters, skateboard or any other wheeled toy. **A helmet should fit snugly on a child's head and be level with the ground. The front of the helmet should be no more than two fingers width above the eyebrows.** Helmet straps should be snug and buckled at all times.